

Spaulding High School FALL Athletics 2019

Pre-season Information Night – TO BE ANNOUNCED – Early AUGUST in GYM

- Receive game schedules; practice schedules; confirm sign-up; meet coaches.

Practice Start Dates: FOOTBALL - MON., AUGUST 12TH

Boys' SOCCER - Girls' SOCCER – Field Hockey – Cross Country – Cheerleading – Boys'/Girls' GOLF THURS., AUG. 15TH

TEAM BY TEAM PRACTICE TIMES WILL BE ANNOUNCED IN EARLY AUGUST: PLEASE CHECK www.shsU61.org “ATHLETIC webpage” FOR SPECIFIC DATES/TIMES/SITES

ITEMS A, B & C MUST BE COMPLETED in order to BEGIN PRACTICING in August - NO EXCEPTIONS:

A). HEALTHY ROSTER – Once you sign up, PARENTS/GUARDIANS of FALL STUDENT ATHLETES will receive an email INVITATION to establish a Healthy Roster account.

NEW athletes: Complete ALL information in your child's Healthy Roster profile (address, emergency info., etc.)

- **DOWNLOAD medical history/permission forms, complete & upload them directly to your child's Healthy Roster account profile (or hand them in to athletic department staff).**

For more information, see the below YouTube video or contact Chelsey Allen.

https://www.youtube.com/watch?v=0_XB1sFDRBs

B). ImpACT Concussion BASELINE Assessment (must have taken within the past 2 years – CONTACT Mr. Merriam or Chelsey Allen TO FIND OUT YOUR “TWO YEAR ANNIVERSARY DATE”)

- **Thursday, August 8th: FOOTBALL** players report to the Library COMPUTER lab entrance door in the AUD Lobby at the following times:
 - **FRESHMAN** --- 9:00 a.m.
 - **Sophomores & Juniors** --- 10:00 a.m.
 - **Seniors** --- 11:00 a.m.
- **Tuesday, August 13th** **FRESHMAN** report to the Library COMPUTER lab entrance door in the AUD Lobby at the following times:
 - **FRESHMAN Field Hockey** --- 8:00 a.m.
 - **FRESHMAN Girls' Soccer** --- 9:00 a.m.
 - **FRESHMAN Boys' Soccer** --- 10:00 a.m.
 - **FRESHMAN Cross Country, Cheerleading & GOLF** --- 11:00 a.m.
- **Wednesday, August 14th** **RETURNING** players report to the Library COMPUTER lab entrance door in the AUD Lobby at the following times:
 - **Field Hockey** --- 8:00 a.m.
 - **Girls' Soccer** --- 9:00 a.m.
 - **Boys' Soccer** --- 10:00 a.m.
 - **Cross Country, Cheerleading & GOLF** --- 11:00 a.m.

IF YOU CANNOT MAKE ONE OF THE ABOVE ASSIGNED TIMES PLEASE CONTACT Chelsey Allen.

C). Well-exam (physical) information:

Student athletes MUST have had a WELL EXAM **within the past TWO calendar years (by primary care DOCTOR preferred!)**. Proof of the exam must be provided to athletic department staff prior to participation.

****A COPY of the well exam may be faxed to the athletic department = 479-6907****

Athletic Department CONTACT & INFORMATION sources:

Patrick Merriam, Athletic Director **476-6334** **pmerrshs@u61.net**
(until June 28th)

Chelsey Allen, Certified Athletic Trainer **476-4811 x1185** **calleshs@u61.net**

www.shsbtc.org (click on “athletics”)

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